

# Addiction Medicine for People at Risk for HIV in the Emergency Department

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Last Updated: January 17, 2024

# Disclosures

National Institute of Drug Abuse (NIDA)

National Institute of Mental Health (NIMH)

Public Health—Seattle & King County (PHSKC)

Substance Abuse and Mental Health Services Administration  
(SAMHSA)

# Disclaimer

Funding for this presentation was made possible by U1OHA29296 from the Human Resources and Services Administration HIV/AIDS Bureau. The views expressed do not necessarily reflect the official policies of the Department of Health and Human Services nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government. *Any trade/brand names for products mentioned during this presentation are for training and identification purposes only.*

# Data Considerations

*Data in this presentation offer a limited perspective of how systemic, social, and economic factors impact health. We recognize that racism, not race, creates and perpetuates health disparities.*



To Learn More:

<https://www.cdc.gov/minorityhealth/racism-disparities>

# Acknowledgment

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The content in this presentation are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, HRSA, HHS, or the U.S. Government.



# Roadmap

About us

Epidemiology and temporal trends of addiction-related presentations to the emergency department (ED)

Initiation of treatment for substance use disorders (SUD) in the ED

Screening protocols for infectious diseases in people who use drugs presenting to the ED

Future opportunities for integrating harm reduction for people at risk for HIV in the ED

# ABOUT US





# **EPIDEMIOLOGY AND TEMPORAL TRENDS OF ADDICTION-RELATED PRESENTATIONS TO THE ED**



## Emergency Rooms at the Epicenter

ADDRESSING THE CRISES OF HOMELESSNESS,  
MENTAL HEALTH, AND SUBSTANCE USE DISORDER

*Recommendations for an Emergency Response*

JANUARY 2024

“The ER is generally not the best place to treat and stabilize an individual who is homeless and suffering from a substance use disorder and/or a mental health crisis.”

“In most of these crises, the ER is not the best place for an unhoused person who needs a prescription filled, someone who is experiencing a mental health crisis, or some individuals who have been revived from an overdose who do not need further medical care.”



# Needle Exchange

Open 7 days a week!

	MON	TUES	WED	THUR	FRI	SAT	SUN
<b>DOWNTOWN</b> Robert Clewis Center 2124 4th Avenue	9a - 5p	1p - 5p	9a - 5p	9a - 5p	9a - 5p	2p - 5p	
<b>CAPITOL HILL</b> Robert Clewis Center 2 1161 11th Avenue		6:30p - 8:30p	6:30p - 8:30p	6:30p - 8:30p	6:30p - 8:30p	6:30p - 8:30p	
<b>AURORA</b> People's Harm Reduction Alliance (PHRA) 8300 Aurora Ave N.	1:30p - 5:30p						
<b>NORTH BEACON HILL</b> Hepatitis Education Project 1621 S Jackson St., Ste. 201	12:30p - 5:30p	12:30p - 5:30p	12:30p - 5:30p	12:30p - 5:30p			
<b>NORTH &amp; EAST KING COUNTY</b> People's Harm Reduction Alliance (PHRA) For locations, call 530-454-5410	✓	✓			✓		
<b>NORTH KING COUNTY</b> North Outreach Referral & Exchange (NORE) To schedule a delivery, call 206-482-2468		✓	✓	✓	✓		
<b>SOUTH KING COUNTY</b> South County Outreach Referral & Exchange (SCORE) To schedule a delivery, call 206-214-6040							
<b>U-DISTRICT</b> People's Harm Reduction Alliance (PHRA) 4547 Brooklyn Ave NE		5p - 7p		5p - 7p	1p - 5p		1p - 5p

## VERSUS



## Anyone, Anything, Anytime, 24/7/365

### Patchwork of times and places

# EMERGENCY

HARBORVIEW  
MEDICAL  
CENTER  
UW Medicine

EMERGENCY

Main Hospital Entry

P1 Hospital  
Garage

P2 NJB  
Garage

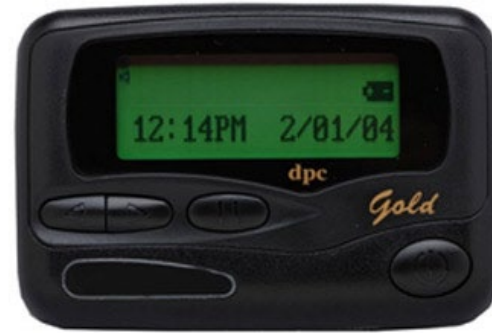
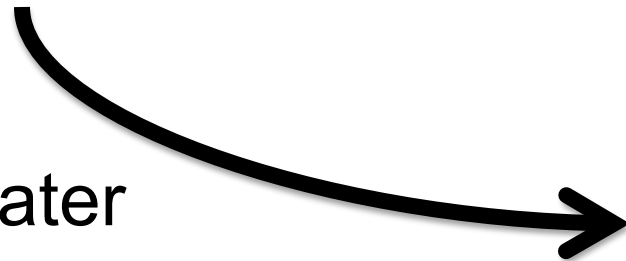
P3 Patricia Steel  
Garage



+



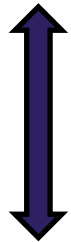
6 hours later



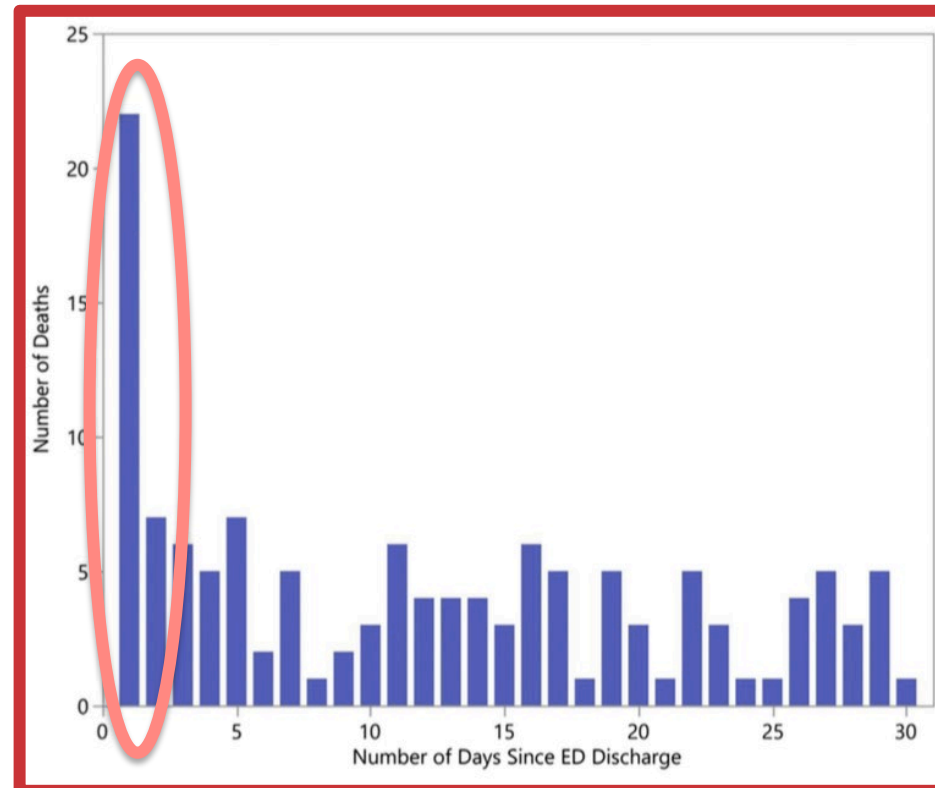
# One-Year Mortality of Patients After Emergency Department Treatment for Nonfatal Opioid Overdose

Scott G. Weiner, MD, MPH\*; Olesya Baker, PhD; Dana Bernson, MPH; Jeremiah D. Schuur, MD, MHS

**5.5% for nonfatal  
opioid overdose**



**7% for ST-segment  
elevation myocardial  
infarction treated with  
percutaneous coronary  
intervention**



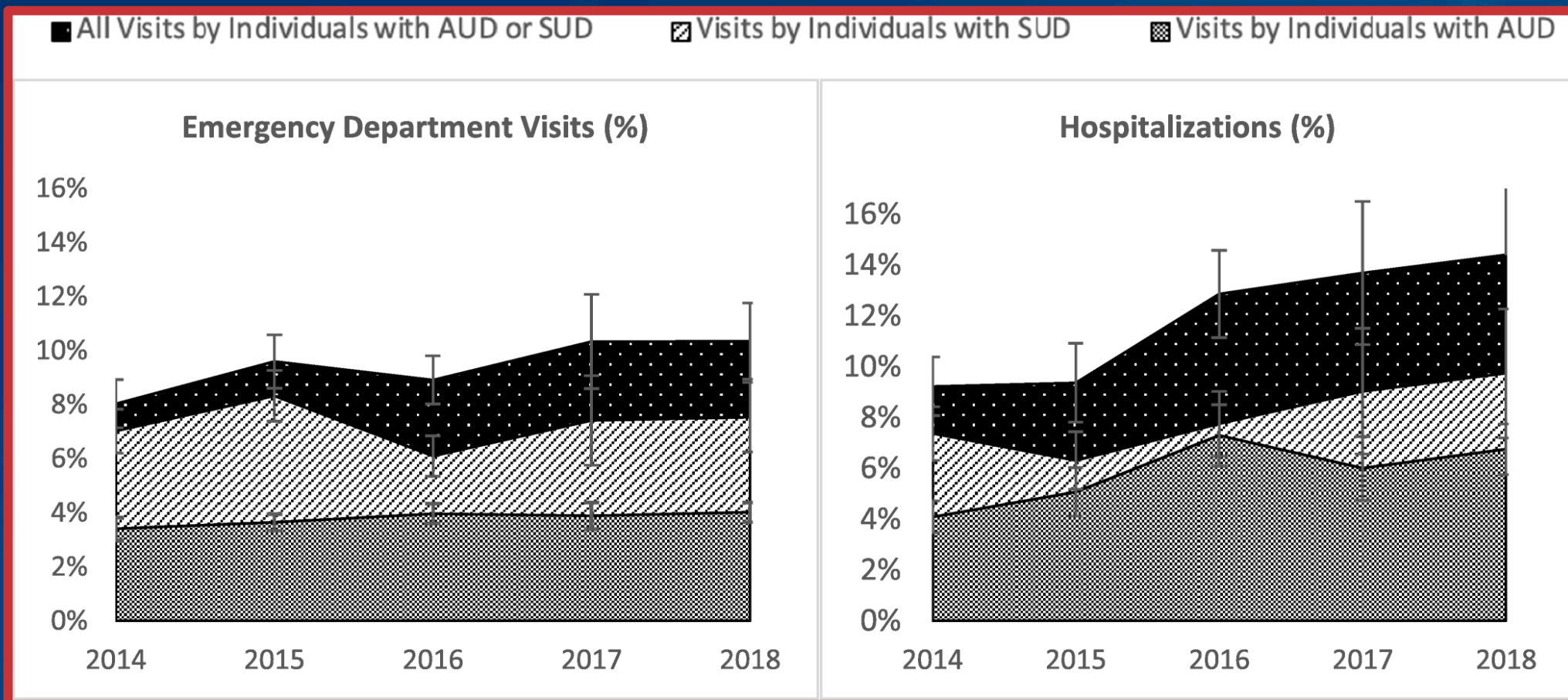
# The “sickest” patient might be in the “hallway”



# National Prevalence of Alcohol and Other Substance Use Disorders Among Emergency Department Visits and Hospitalizations: NHAMCS 2014–2018

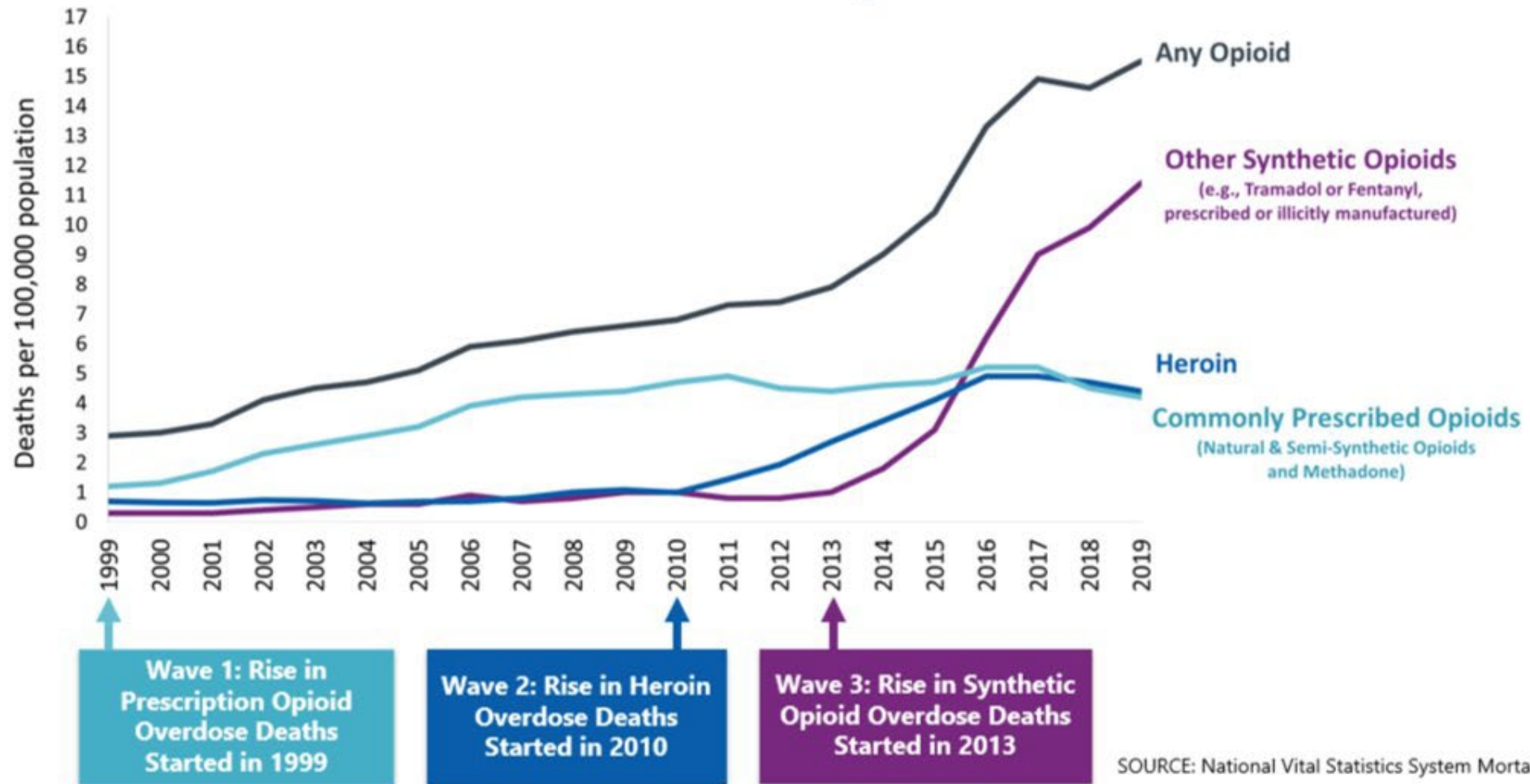
Original Research | Published: 13 September 2021

Volume 37, pages 2420–2428, (2022) [Cite this article](#)



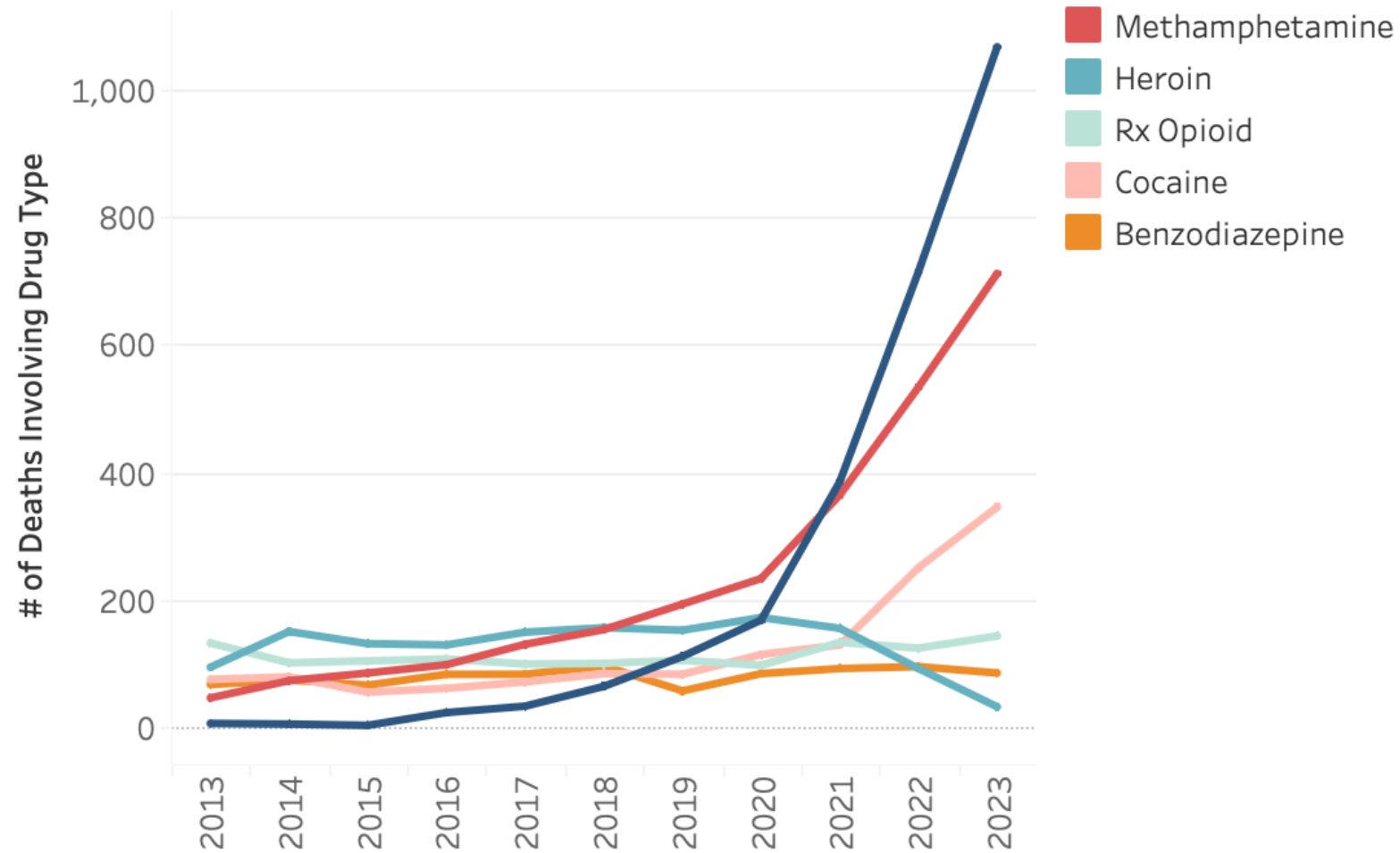


# Three Waves of the Rise in Opioid Overdose Deaths



## Drugs Involved in Confirmed Overdose Deaths

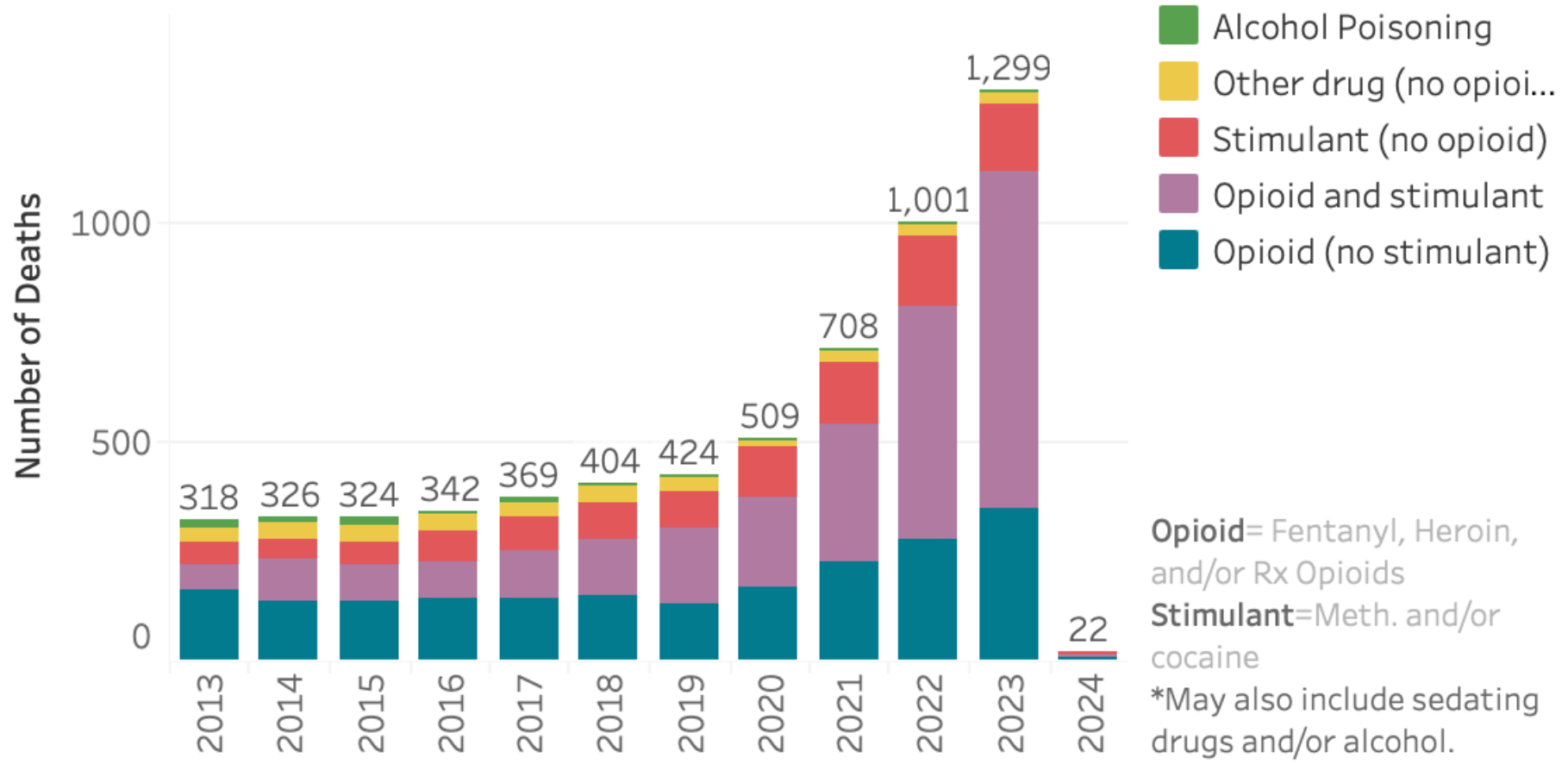
(Note: A decedent may be represented in multiple lines)



## Drug & Alcohol Poisoning Deaths, King County

(Note: Bar chart can be viewed in terms of counts or rates; each decedent with an overdose death is represented once.)

Count ▾



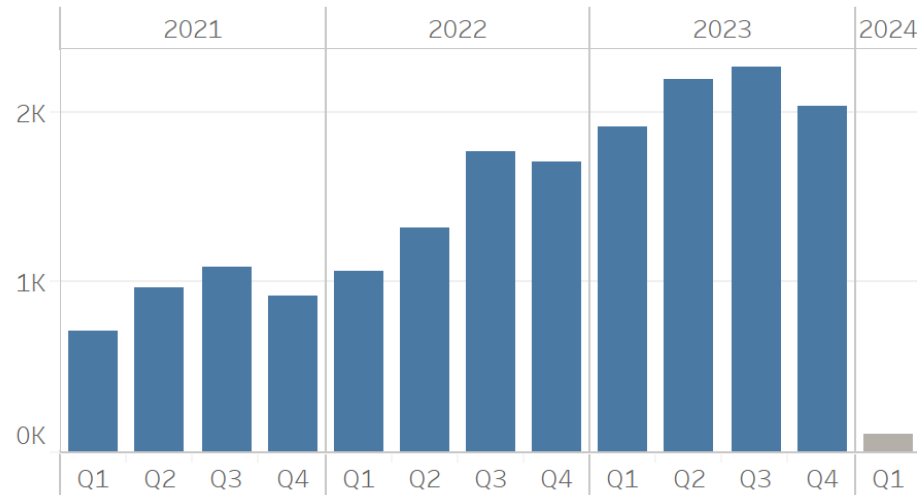
## Emergency Medical Services

(As of 1/7/2024)

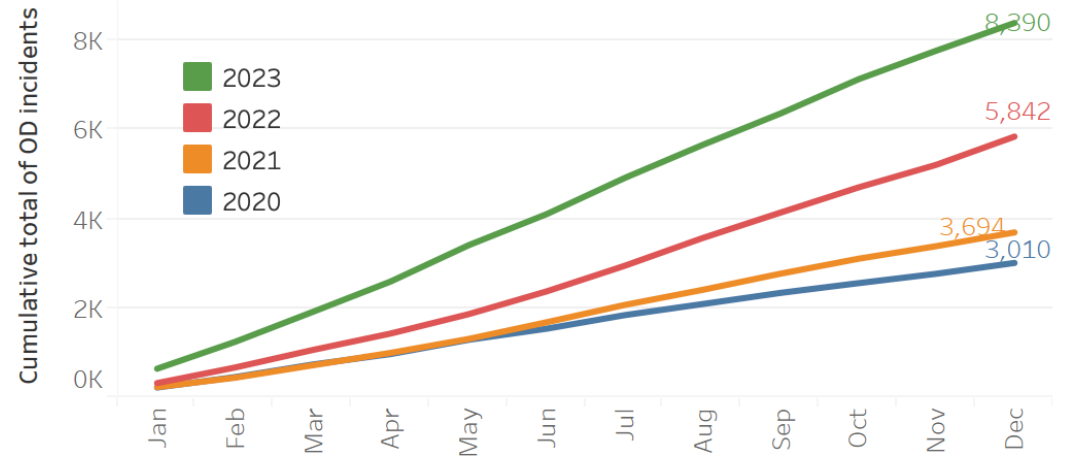
This dashboard summarizes opioid overdoses in King County treated by Emergency Medical Services (KC EMS) personnel. Nearly all overdoses treated by EMS personnel are non-fatal.

### Trends in Opioid Overdoses treated by KC EMS

Select graph view: Trends by Quarter



### Cumulative total # of Opioid Overdoses treated by KC EMS



## Encounters with EMS Prior to Fatal Overdose: An Opportunity to Intervene?

Allison Rollins<sup>1</sup>, Leslie Barnard<sup>2</sup>, Mauricio Sadinle<sup>3</sup>, Richard Harruff<sup>2</sup>, Catherine Counts<sup>1</sup>, Thomas Rea<sup>1,4</sup>, Julia Hood<sup>2,3</sup>

<sup>1</sup>University of Washington School of Medicine

<sup>3</sup>University of Washington School of Public Health

<sup>2</sup>Public Health: Seattle & King County

<sup>4</sup>King County Emergency Medical Services

**40%** had at least 1  
EMS encounter in the  
year prior to overdose

Nearly **90%** of all  
encounters received  
basic life support care  
only, and **19%** were  
not transported

## EMS Responses for Suspected Opioid Overdose

A Report from the King County EMS Regional QI Section

Prepared by Amy Poel, Jamie Emert, Tom Rea

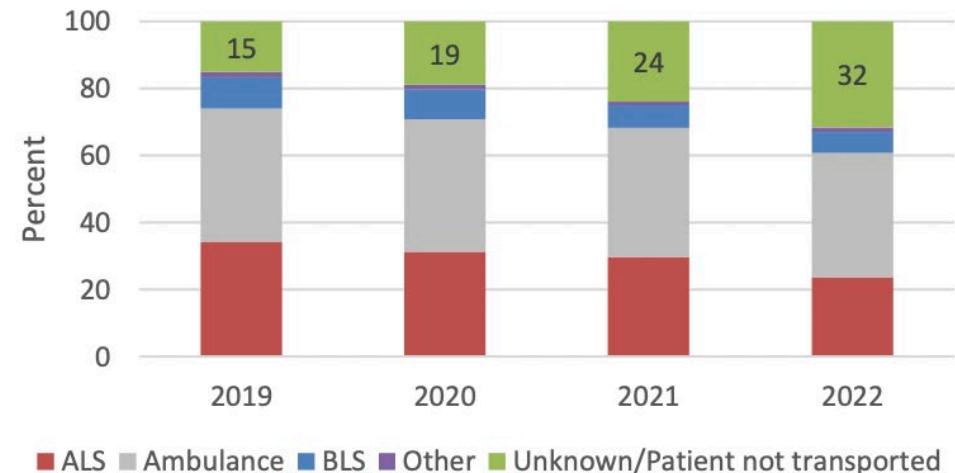
January 2023



**King County**  
Emergency Medical Services

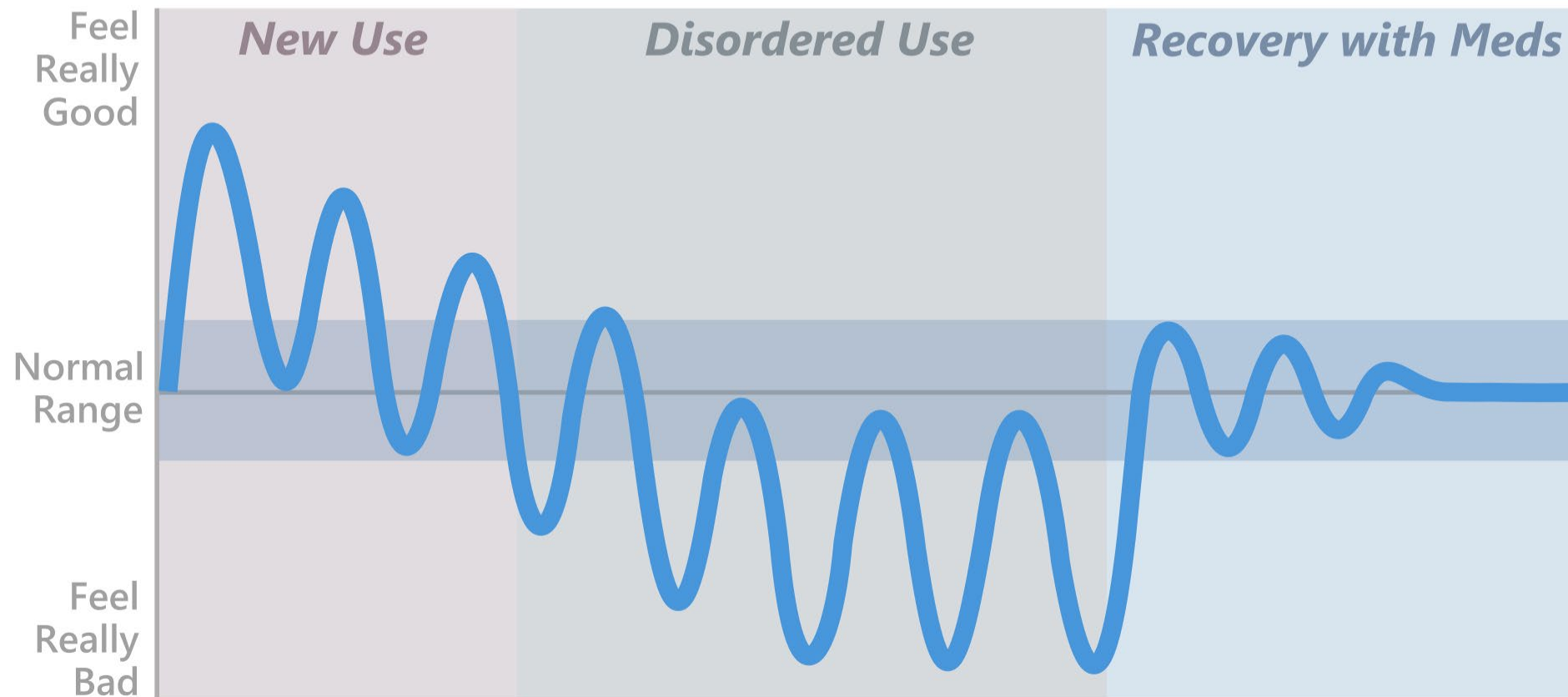
The proportion transported by ALS, BLS, and private ambulance has declined steadily over the past 4 years such that now **nearly a third of all patients** with suspected opioid overdose are no longer transferred to the ED.

Figure 3. Annual Percent of Person-Incident EMS Responses to Suspect Opioid Overdoses by Method of Transport

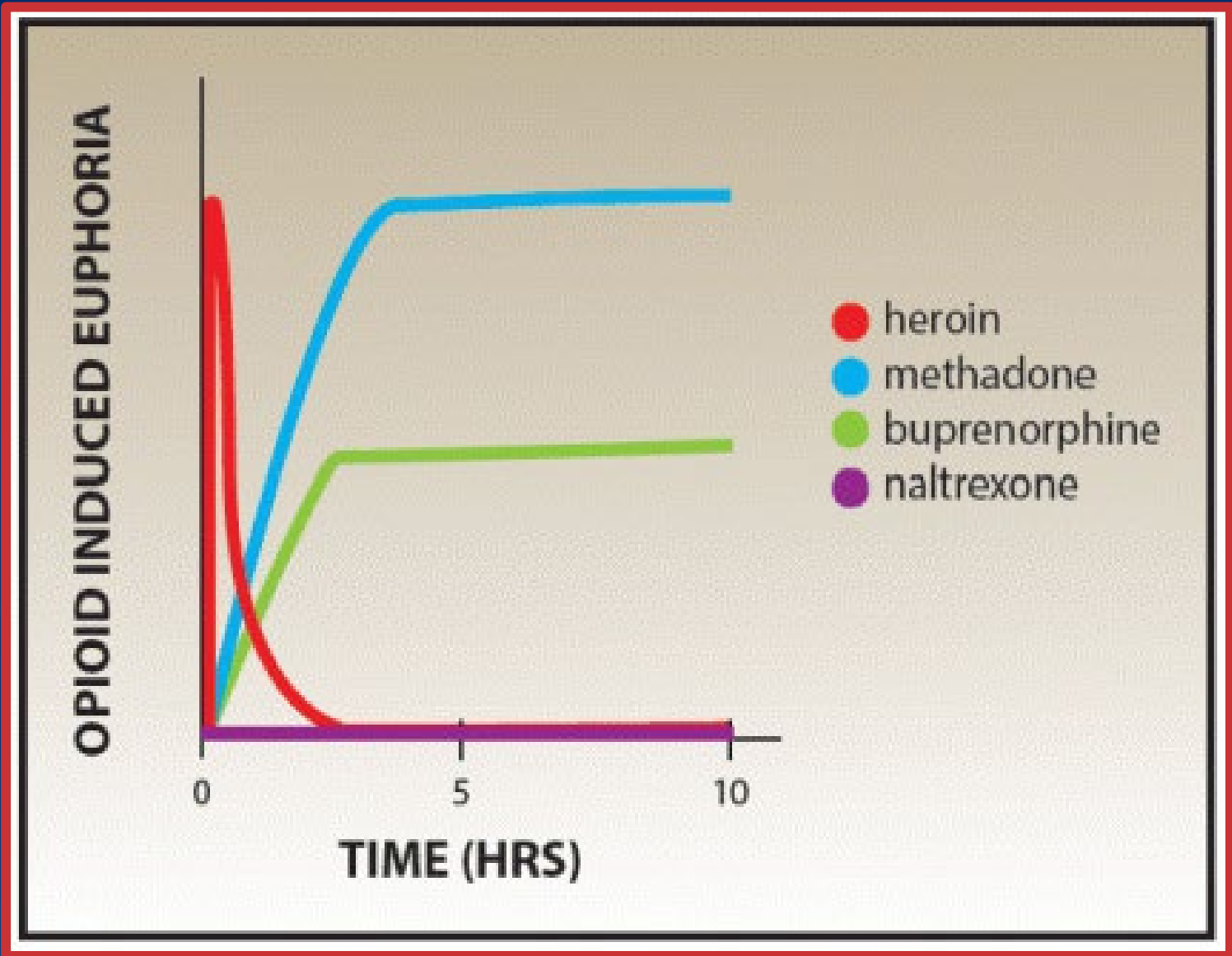


# INITIATION OF TREATMENT FOR SUD IN THE ED

# Opioid Use Disorder







We have **safe, effective,** and **evidence-based treatments** for substance use disorders, but **access** and **stigma** limit their use.

Buprenorphine and methadone reduce mortality by **50%.**

“You will do **harm** to people if you can’t take care of [their] needs **fast** enough.”

Original Investigation

# Emergency Department–Initiated Buprenorphine/Naloxone Treatment for Opioid Dependence

## A Randomized Clinical Trial

Gail D'Onofrio, MD, MS; Patrick G. O'Connor, MD, MPH; Michael V. Pantalon, PhD; Marek C. Chawarski, PhD;

Adult Patients with Opioid Use Disorder, Getting Discharged from the Emergency Department

Screening and Referral to Treatment

Screening, Brief Intervention and Referral to Treatment (SBIRT)

SBIRT + ED-initiation of buprenorphine

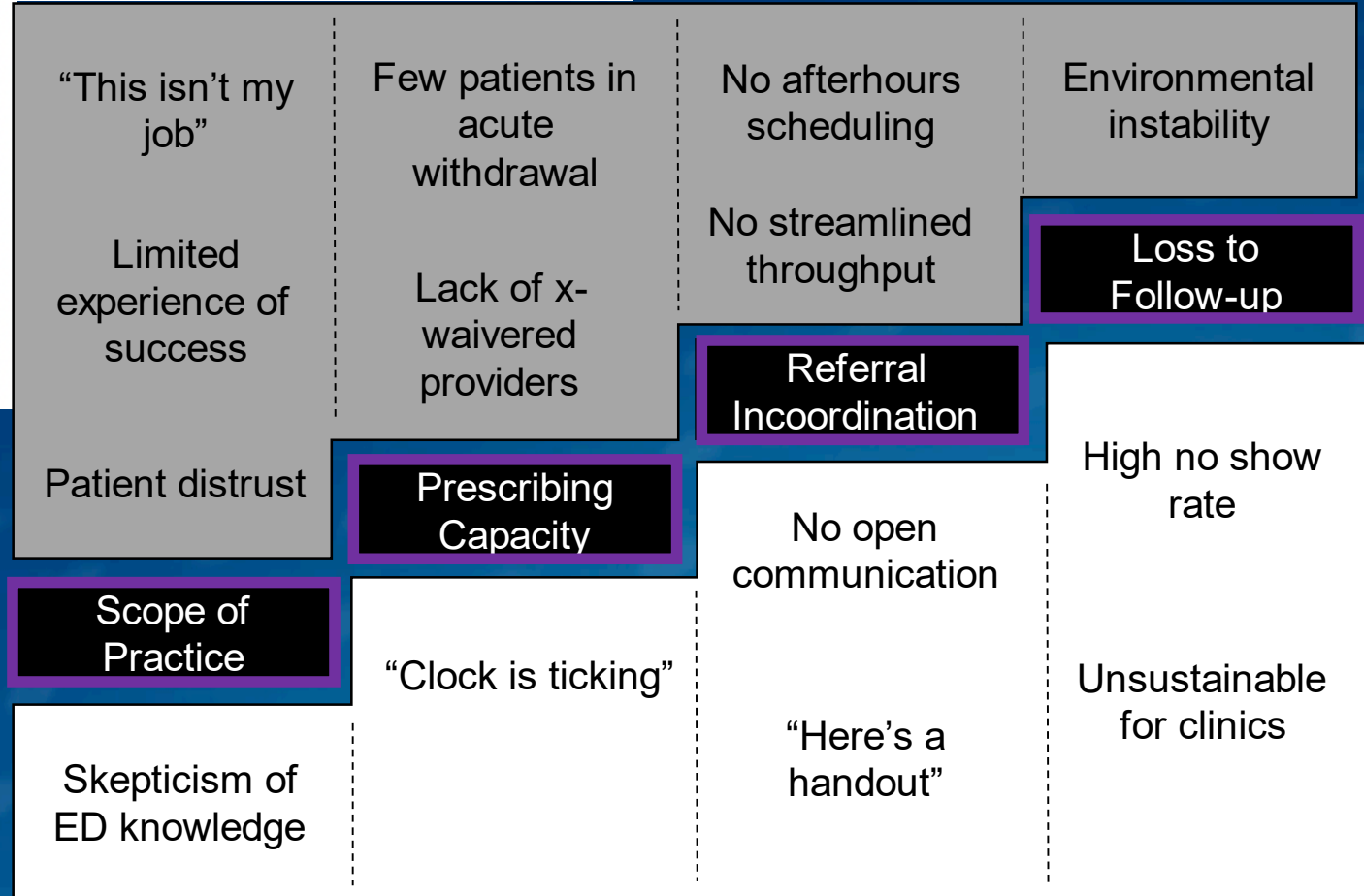
*J Am Coll Emerg Physicians Open.* 2021 Apr; 2(2): e12408. Published online 2021 Mar 23.  
 doi: [10.1002/emp2.12408](https://doi.org/10.1002/emp2.12408)

PMCID: PMC7987236 | PMID: [33778807](https://pubmed.ncbi.nlm.nih.gov/33778807/)

Improving transitions of care for patients initiated on buprenorphine for opioid use disorder from the emergency departments in King County, Washington

[Callan Elswick Fockele](#), MD, MS,<sup>1\*</sup> [Herbert C. Duber](#), MD, MPH,<sup>1</sup> [Brad Finegood](#), MA, LMHC,<sup>2</sup> [Sophie C. Morse](#), BA, BS,<sup>1</sup> and [Lauren K. Whiteside](#), MD<sup>1</sup>

Emergency Department



Outpatient Clinics

# Methadone And Buprenorphine Are Associated With Reduced Mortality After Nonfatal Opioid Overdose

RETROSPECTIVE COHORT, MASSACHUSETTS PUBLIC HEALTH DATASET, 2012-2014

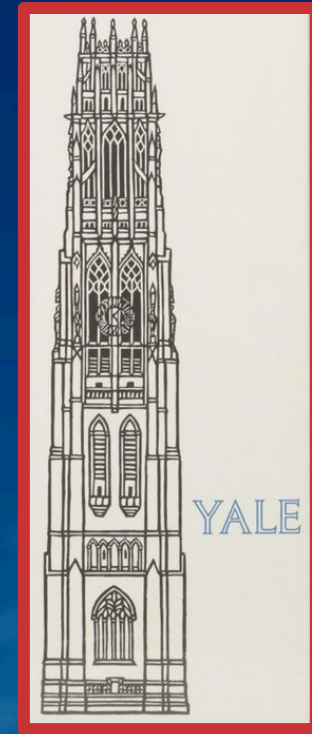
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Larochelle et al. *Annals of Internal Medicine*. 2018.

What about other types of treatment?



Expectations



Reality



High dose start  
Acute withdrawal → 16 mg → 16 mg



Low dose start  
0.5 mg x 2 → 1 mg x 2 → 1 mg x 3 → 2 mg  
x 2 → 2 mg x 3 → 4 mg x 3 → 8 mg x 2

Rapid long-acting injectable start  
No allergy → Sublocade vs. Brixadi

### Buprenorphine Field Initiation of ReScue Treatment by Emergency Medical Services (Bupe FIRST EMS): A Case Series

Gerard G. Carroll, MD FAAEM EMT-P, Deena D. Wasserman, MD FAWM, Aman A. Shah, MD, Matthew S. Salzman, MD, Kaitlan E. Baston, MD MSc DFASAM, Rick A. Rohrbach, BSN CFRN CCRN-K MICP, Iris L. Jones, MA LPC, LCADC, and Rachel Haroz, MD, FAACT

### Prehospital Initiation of Buprenorphine Treatment for Opioid Use Disorder by Paramedics

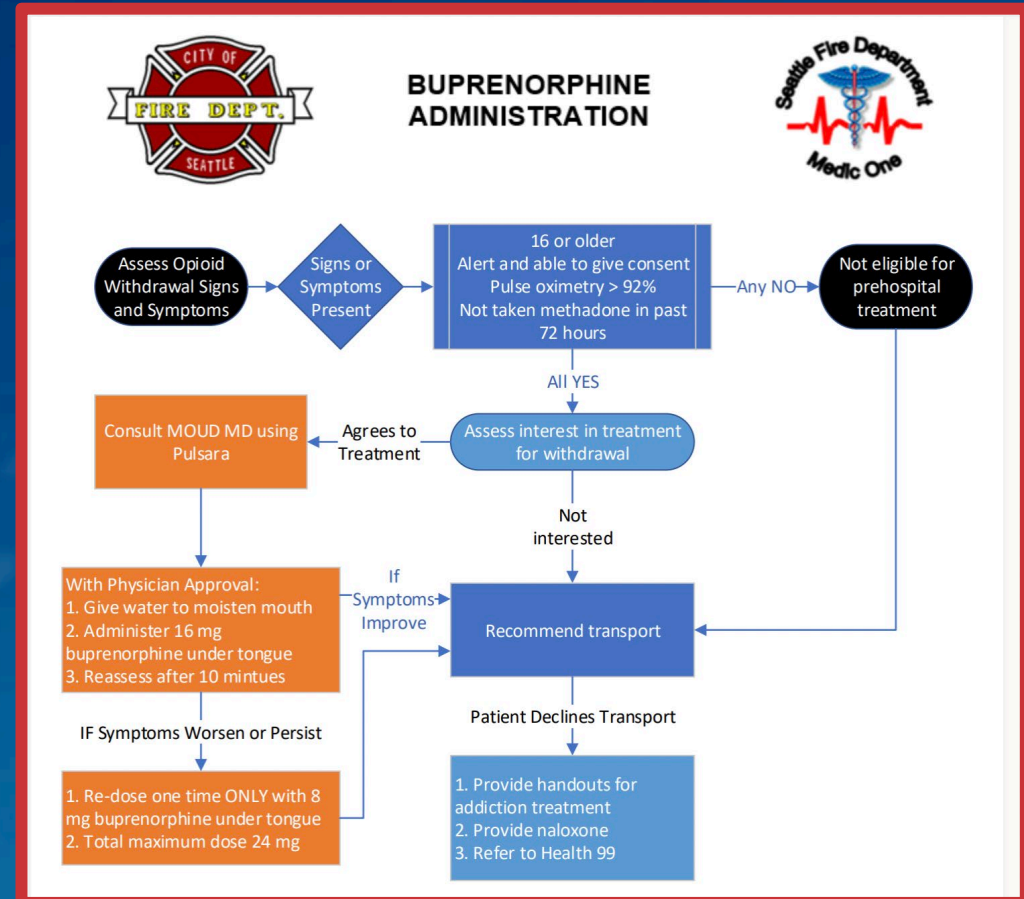
H. Gene Hern, MD, MS<sup>a</sup>, David Goldstein, MD<sup>b</sup>, M Kalmin, PhD<sup>c</sup>, S Kidane, MD<sup>b</sup>, S Shoptaw, PhD<sup>c</sup>, Ori Tzvieli, MD<sup>d</sup>, and Andrew A Herring, MD<sup>a</sup>

<sup>a</sup> Alameda Health System, Highland Hospital, Emergency Medicine, Oakland, CA; <sup>b</sup> Emergency Medical Services, Contra Costa County, California; <sup>c</sup> UCLA Center for Behavioral and Addiction Medicine, Los Angeles, CA; <sup>d</sup> Public Health Agency, Contra Costa County, California

# Impact of Administering Buprenorphine to Overdose Survivors Using Emergency Medical Services



Gerard Carroll, MD\*; Keisha T. Solomon, PhD; Jessica Heil, MS; Brendan Saloner, PhD; Elizabeth A. Stuart, PhD; Esita Y. Patel, PhD; Noah Greifer, PhD; Matthew Salzman, MD; Emily Murphy, MD; Kaitlan Baston, MD; Rachel Haroz, MD

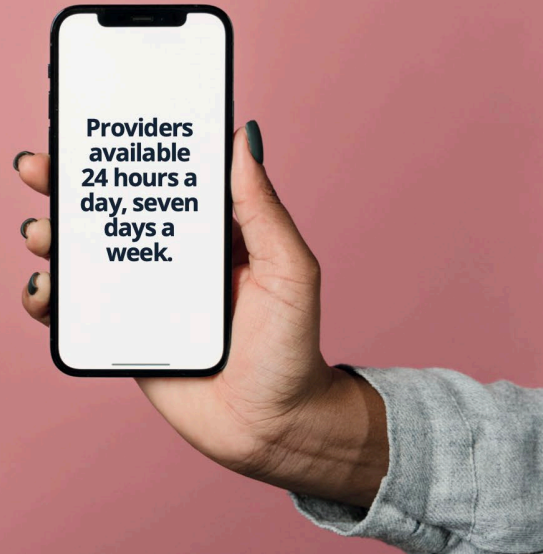


# 24/7 ON DEMAND BUPE

It's easier than ever to get started on medication to treat opioid use disorder.

**Call 206-289-0287  
for a prescription.**

Prescriptions are available for people located in King County.



## Section of Population Health

UW Medicine  
DEPARTMENT OF  
EMERGENCY MEDICINE



> Acad Emerg Med. 2022 Aug;29(8):928-943. doi: 10.1111/acem.14507. Epub 2022 May 16.

## "Just give them a choice": Patients' perspectives on starting medications for opioid use disorder in the ED

Elizabeth M Schoenfeld<sup>1 2</sup>, Lauren M Westafer<sup>1 2</sup>, Samantha A Beck<sup>3</sup>, Benjamin G Potee<sup>3</sup>, Sravanthi Vysetty<sup>4</sup>, Caty Simon<sup>5 6</sup>, Jillian M Tozloski<sup>1</sup>, Abigail L Girardin<sup>1</sup>, William E Soares<sup>1 2</sup>



Confirm and continue  
methadone dose

40mg → 10 mg q3h  
(total max 60 mg)

“72-hour rule” + OTP referral

Case Reports > J Addict Med. 2023 May-Jun;17(3):367-370.

doi: 10.1097/ADM.0000000000001109. Epub 2022 Dec 23.

## Methadone Induction for a Patient With Precipitated Withdrawal in the Emergency Department: A Case Report

Benjamin Church<sup>1</sup>, Ryan Clark, William Mohn, Ruth Potee, Peter Friedmann, William E Soares 3rd

Schoenfeld EM, Westafer LM, Beck SA, Potee BG, Vysetty S, Simon C, Tozloski JM, Girardin AL, Soares WE. "Just give them a choice": Patients' perspectives on starting medications for opioid use disorder in the ED. Acad Emerg Med. 2022 Aug;29(8):928-943. Church B, Clark R, Mohn W, Potee R, Friedmann P, Soares WE 3rd. Methadone Induction for a Patient With Precipitated Withdrawal in the Emergency Department: A Case Report. J Addict Med. 2023 May-Jun 01;17(3):367-370.

Comparative Study > Ann Emerg Med. 2021 Dec;78(6):752-758.

doi: 10.1016/j.annemergmed.2021.05.013. Epub 2021 Aug 2.

## Implementation of Oral and Extended-Release Naltrexone for the Treatment of Emergency Department Patients With Moderate to Severe Alcohol Use Disorder: Feasibility and Initial Outcomes

Erik S Anderson<sup>1</sup>, Mac Chamberlin<sup>2</sup>, Marisa Zuluaga<sup>2</sup>, Monish Ullal<sup>3</sup>, Kathryn Hawk<sup>4</sup>, Ryan McCormack<sup>5</sup>, Gail D'Onofrio<sup>4</sup>, Andrew A Herring<sup>6</sup>

Multicenter Study > Ann Emerg Med. 2023 Apr;81(4):440-449.

doi: 10.1016/j.annemergmed.2022.08.453. Epub 2022 Oct 31.

## Extended-Release Naltrexone and Case Management for Treatment of Alcohol Use Disorder in the Emergency Department

Charles E Murphy 4th<sup>1</sup>, Zlatan Coralic<sup>2</sup>, Ralph C Wang<sup>3</sup>, Juan Carlos C Montoy<sup>3</sup>, Bianca Ramirez<sup>3</sup>, Maria C Raven<sup>4</sup>

# Naltrexone

PO 25 mg x 3 days → 50mg  
IM 380mg

# Gabapentin

600mg QHS → BID → TID

### WITHDRAWAL TREATMENT REGIMENS

	Diazepam based <sup>^</sup>	Gabapentin based
Day 1	10mg q6hrs*	300mg q6hrs*
Day 2	10mg TID	300mg TID
Day 3	10mg BID	300mg BID
Day 4	10mg once	300mg once
Additional PRNs	5 x 10mg pills	5 x 300mg pills

<sup>^</sup>Can substitute chlordiazepoxide 50mg for diazepam 10mg

\*If >10 drinks per day double dose on first day (Dr Holt Expert opinion)



Anderson ES, Chamberlin M, Zuluaga M, Ullal M, Hawk K, McCormack R, D'Onofrio G, Herring AA. Implementation of Oral and Extended-Release Naltrexone for the Treatment of Emergency Department Patients With Moderate to Severe Alcohol Use Disorder: Feasibility and Initial Outcomes. Ann Emerg Med. 2021 Dec;78(6):752-758

Murphy CE 4th, Coralic Z, Wang RC, Montoy JCC, Ramirez B, Raven MC. Extended-Release Naltrexone and Case Management for Treatment of Alcohol Use Disorder in the Emergency Department. Ann Emerg Med. 2023 Apr;81(4):440-449. doi: 10.1016/j.annemergmed.2022.08.453. Epub 2022 Oct 31. PMID: 36328851. Curbsiders Addiction Medicine. <https://thecurbsiders.com/addiction-medicine-podcast/2-get-in-the-spirit-of-ambulatory-alcohol-withdrawal>



Review > [Prev Chronic Dis. 2017 Oct 5;14:E89. doi: 10.5888/pcd14.160434.](#)

## Emergency Department–Initiated Tobacco Control: Update of a Systematic Review and Meta–Analysis of Randomized Controlled Trials

Christina Lemhoefer <sup>1</sup>, Gwen Lisa Rabe <sup>2</sup>, Jürgen Wellmann <sup>3</sup>, Steven L Bernstein <sup>4</sup>, Ka Wai Cheung <sup>5</sup>, William J McCarthy <sup>6</sup>, Susanne Vahr Lauridsen <sup>7</sup>, Claudia Spies <sup>1</sup>, Bruno Neuner <sup>8</sup>

Randomized Controlled Trial > [Ann Emerg Med. 2015 Aug;66\(2\):140-7.](#)

doi: 10.1016/j.annemergmed.2015.03.030. Epub 2015 Apr 24.

## Successful Tobacco Dependence Treatment in Low–Income Emergency Department Patients: A Randomized Trial

Steven L Bernstein <sup>1</sup>, Gail D'Onofrio <sup>2</sup>, June Rosner <sup>2</sup>, Stephanie O'Malley <sup>3</sup>, Robert Makuch <sup>4</sup>, Susan Busch <sup>4</sup>, Michael V Pantalon <sup>2</sup>, Benjamin Toll <sup>5</sup>



## Tobacco Use Disorder Treatment Equation

### Controller Medication

varenicline (1st line),  
bupropion, or nicotine patches  
[sometimes more than one is appropriate!]



### Short-acting NRT

for **cravings** as needed  
gum, lozenges, nasal spray or inhaler



**Starting in early 2024, ScalaNW will help health care practitioners improve care for patients who use opioids and other substances.**

Our site will give on-shift clinicians support to treat patients effectively, including a direct link to evidence-based clinical support, help scheduling follow-up appointments, and 24/7 consultations in partnership with trained physicians and psychiatrists.

Off-shift clinicians will have access to resources and information they need to better understand drug use, reduce stigma, provide evidence-based care, and take ownership of treating opioid use disorder (OUD) effectively.

Have questions or want to get in touch? [Send us an email.](#)

# **SCREENING PROTOCOLS FOR INFECTIOUS DISEASES IN PEOPLE WHO USE DRUGS PRESENTING TO THE ED**

# Hepatitis A

## HEALTH WARNING

Public Health  
Seattle & King County 

[www.kingcounty.gov/hepA](http://www.kingcounty.gov/hepA)

### 3 THINGS TO KNOW ABOUT HEP A

- Hepatitis A (hep A) is a virus that spreads easily. Many people don't know they have hep A so they spread it without knowing.
- Hep A can cause severe liver disease that can last for months. On rare occasions, it can lead to liver failure and death.
- A hepatitis A vaccine can prevent you from getting infected.

### HEP A SPREADS EASILY

The hep A virus is in the feces (poop) of someone with hep A. If they haven't washed their hands after using the toilet, tiny bits of feces can get on things they touch.

Hep A spreads from:



Touching objects or eating food that someone with hep A handled



Having sex with someone who has hep A



Sharing needles, pipes, or other items to take drugs

### HOW CAN YOU PREVENT HEP A?



**Get the hep A vaccine.** You can get hep A shots from your doctor or clinic. Most pharmacies offer the hep A shots if you have an insurance card.

 American College of  
Emergency Physicians®  
ADVANCING EMERGENCY CARE 

# POLICY STATEMENT

Approved April 2021

## *Screening for Disease and Risk Factors in the Emergency Department*

Originally approved  
April 2021

The emergency department (ED) is a common, and often essential, access point to the health care system. In some cases, particularly among underserved communities with limited access to routine outpatient services, ED visits represent a potential opportunity to perform disease and risk factor screening.

Public health order set → vaccinate any ED patient → targeting those with unstable housing, men who have sex with men, and **people who inject drugs**

Although it is a two-dose series, a single dose is **> 90%** effective in preventing disease.

## FOCUS project

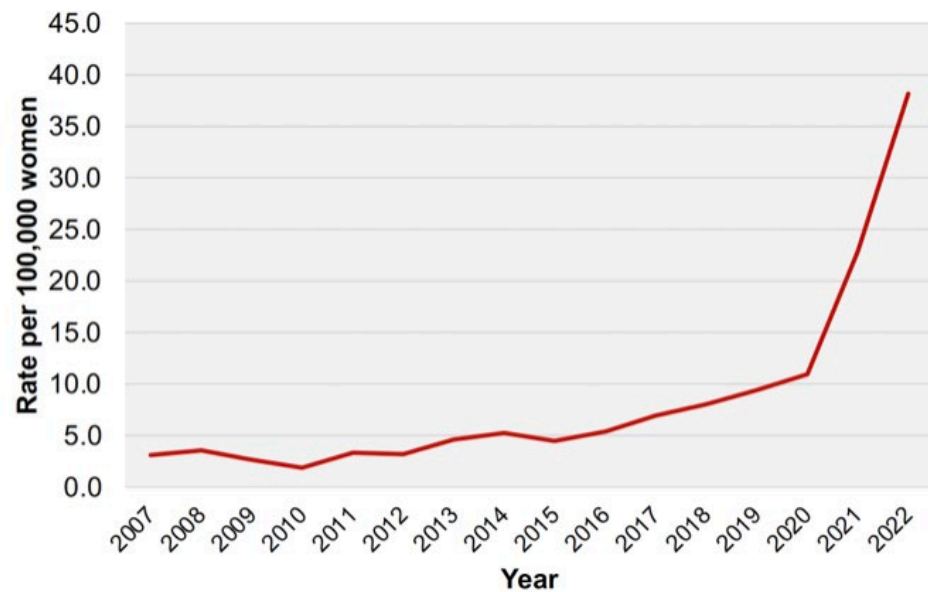
ED screening for HIV and HCV +  
linkage to care



- Provider education, order set, BPA, and email feedback/reminders → 6.9% for HIV (↑ 530%) and 10.4% for HCV (↑ 1,300%)
- 151 individuals with HIV → 96% linked to care (mostly PHSKC)
- 1,032 individuals with active HCV → 35-30% linked to care (FOCUS)

## Syphilis: An Accelerating Epidemic

Incidence of all-stage syphilis among cisgender women, King County, Washington 2007-2022



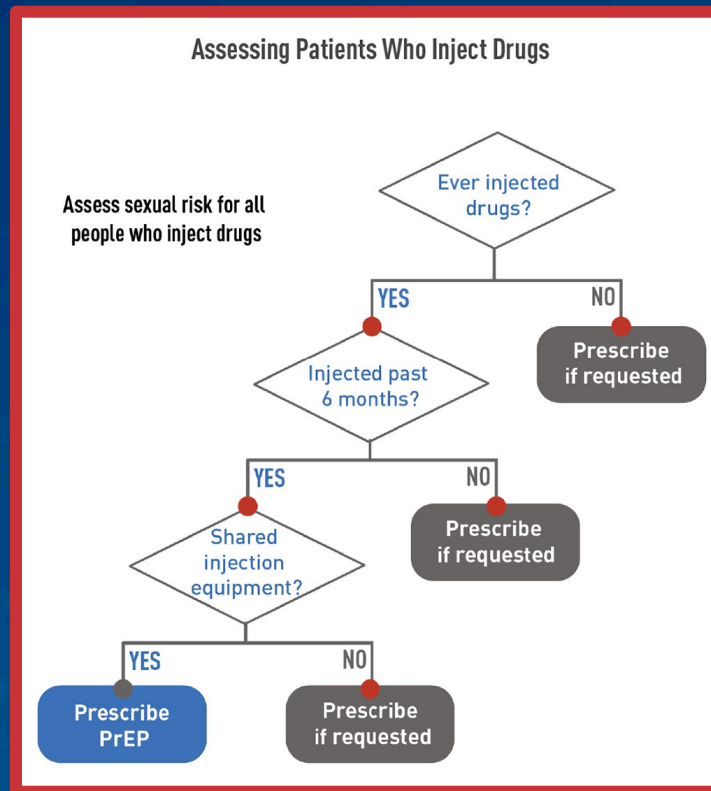
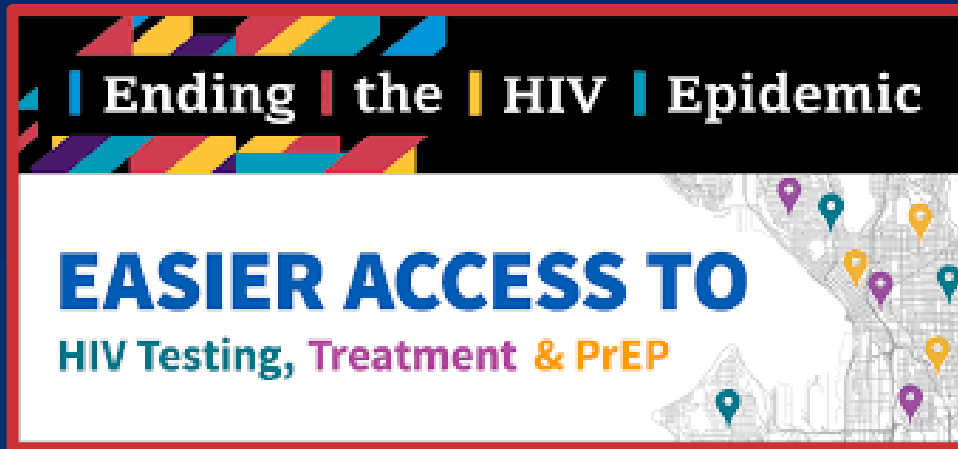
Public health order set → HMC rapid syphilis screen (~90 minutes)

PHSKC recommend screening all sexually active individuals < 45 old if haven't been tested since 2021 (especially pregnant folks and men who have sex with men)

Low threshold to treat if + rapid screen or signs/symptoms



# **FUTURE OPPORTUNITIES FOR INTEGRATING HARM REDUCTION FOR PEOPLE AT RISK FOR HIV IN THE ED**



Home > Journal of Community Health > Article

### A Systematic Review of HIV Pre-exposure Prophylaxis (PrEP) Implementation in U.S. Emergency Departments: Patient Screening, Prescribing, and Linkage to Care

Review | Open access | Published: 21 December 2023  
(2023) Cite this article

[Download PDF](#) You have full access to this open access article

Kristopher J. Jackson, Pooja Chittle, Sandra I. McCoy & Douglas A.E. White

- July 2012 - October 2022
- Screening processes to identify PrEP-eligible patients (n = 17)
- PrEP prescribing (n = 2) and/or linkage to PrEP care (n = 8)

# POLICY STATEMENT

Approved October 2023

## *Overdose Prevention Centers*

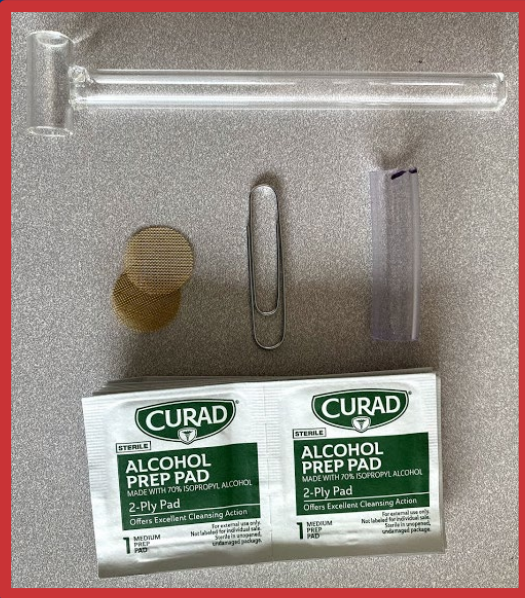
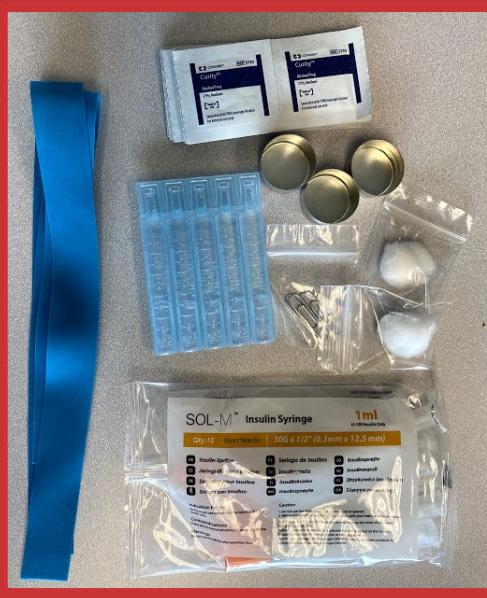
Originally approved  
October 2023

The American College of Emergency Physicians (ACEP) supports local, state, and federal efforts to legalize, fund, research, and evaluate overdose prevention centers (OPCs).



**One red line = positive for fentanyl**

**Two red lines = negative for fentanyl**



### Boston Medical Center Policy and Procedure Manual



<b>Policy #:</b>	26.85.000
<b>Issued:</b>	February, 2023
<b>Reviewed/ Revised:</b>	
<b>Section:</b>	Emergency Department

### Decreasing Risk and Stigma Among Patients Who Use Drugs: Safer Use Supplies in the Emergency Department





## Emergency Rooms at the Epicenter

ADDRESSING THE CRISES OF HOMELESSNESS,  
MENTAL HEALTH, AND SUBSTANCE USE DISORDER

*Recommendations for an Emergency Response*

JANUARY 2024

## Recommendations:

- (1) Street medicine teams
- (2) 24/7 low-barrier stabilization sites
- (3) Mobile behavioral health teams to respond to overdose
- (4) Authorization of field-initiation of buprenorphine by EMTs and paramedics
- (5) Real-time data sharing across emergency response
- (6) Peer navigator workforce

**+++ Provide evidence-based addiction care in the ED +++**

# Questions?



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